

Treatment Options

Vestibular Rehabilitation



Manage Your Dizziness without Surgery

If you find yourself complaining of being dizzy, physical therapy is an effective solution.

We offer the most advanced form of care for patients suffering from vertigo, balance issues, and Benign Paroxysmal Positional Vertigo (BPPV).



Vestibular Conditions Best Suited for Physical Therapy

- Unilateral vestibular loss or distortion
- Non-compensated, high frequency vestibular weakness
- Bilateral vestibular loss
- Benign Paroxysmal Positional Vertigo (BPPV)
- Disequilibrium
- Central Dizziness
- Concussion

Patients with stabilized, non-compensated vestibulopathy are the ideal candidates for vestibular rehabilitation.

Patients with central dizziness or bilateral vestibular loss tend to be less responsive but may still benefit from strategic function.

Not sure if your dizziness can be fixed with therapy? We can do functional testing in our clinic to see if therapy is the

Grab A Stopwatch and Test Your Balance Using This Easy Guide

Age (years)	Single leg balance (seconds)
18 – 39	45
40 – 49	40
50 – 59	37
60 – 69	27
70 – 79	15
80 – 99	6.2

Didn't meet the suggested goal? Schedule a consultation with us today.

Dizziness Doesn't Need to Define You

Schedule an Appointment

Therapy provides the gold standard for non-medical, non-surgical management of dizziness. Schedule an appointment today.

Follow a Custom Plan

You'll receive one on one care from a specialized therapist so you can start enjoying life and stop worrying about falling.

Get Back Your Life

Dizziness is the number one complaint of people over the age of 70 – but with specialized therapy, we can get you back to your life.

Our Promise to You

We know pain doesn't always show up on an 8 to 5 schedule. Our extended hours and convenient appointment times make it easy to get the care you need.

Dedicated

Our staff truly cares about helping you get better faster. We want you to leave our office armed with the knowledge of our programs. Our staff will ask you to do exercises but won't follow up on your form or adjust as you get stronger which can aggravate that here.

Quality

Our therapists bring a wealth of knowledge and a mix of generations to our practice which gives us the ability to meet your needs. Our staff is trained and licensed and we promise you'll have a quality experience every time.

Progressive

We are continuously training and learning more so we can help our clients. From getting your golf swing back to carry assistance, we are dedicated to providing you with the most cutting edge equipment, training, and treatments to heal y